

Volunteer Role Description Young Persons Mentor

Purpose of the role

To build a confidential and trusting relationship with a Prince & Princess of Wales Hospice young person which aims to support them through the pre / post bereavement process by supporting the development of the young person's confidence, encourage their social skills and self-esteem. The mentoring relationship will be one of mutual trust and will support the young person in their personal development plan and attaining achievable goals.

Responsible to

Janette McGarvey:	Young Persons Development Worker
Emily Carr:	Volunteer Services Manager

Activities of the role

- Deliver a specialised service provision to a young person pre / post bereavement
- To have contact with the participant over an agreed period of time
- To build a relationship with the participant that has as its focus the aim of recognising and breaking down the barriers to achieving previously unrecognised potential
- To enable and empower the young person to develop confidence
- To negotiate goal-focused objectives with the mentee
- To establish and maintain appropriate boundaries to the relationship, and to be flexible to the needs of the young person
- Attend regular supervision meetings with Mentoring Supervisor
- Attend training as and when required

Skills required

- To raise positive awareness of the Hospice in the community
- Understanding of issues of confidentiality
- Listening, communication, interpersonal, motivating, networking skills
- Ability to work on own initiative
- Experience of giving advice and guidance (and knowing when not to)
- Self-awareness and recognition in recognising your potential and support required

Personal qualities

- Passionate about the Hospice and Our Values
- Reliable, consistent, dependable, approachable and flexible
- Capacity for empathy
- Ability to take non-directive or non-judgemental approach
- Ability to be open-minded, motivated and not to be reactive
- Awareness of principles of equal opportunity
- Ability to make use of training and support

Time commitment

Locations for mentoring can be varied from the hospice facilities to a neutral location, for example somewhere for a cup of coffee, walk in the park or visiting the local leisure sports centre. You should be able to commit to 1 / 2 hours on a fortnightly basis, moving to a monthly basis when appropriate to do so, and adapting to the young person's needs.

The mentor will be expected to commit a minimum of one year after training is completed.

Training

The Prince & Princess of Wales Hospice will provide the necessary training and support to equip mentors with the knowledge and understanding they will need to take on the role successfully. The mentors will be expected to complete a 18-hour training course over a period of six consecutive weeks before being matched with a mentee. The course will include the mentoring relationship, mentoring techniques, boundaries, palliative care, pre / post bereavement and safeguarding procedures.

All volunteers new to the role will be asked to participate in a mandatory training session and induction day. The volunteer will also be offered the opportunity to participate in regular meetings. Any other opportunities will be advised as and when they occur.

Benefits of volunteering

- The opportunity to contribute to an important area of work in support of the Hospice
- Being part of a specialised team
- The opportunity to develop new and existing skills which will contribute to your own personal and professional development
- The mentor will gain: a sense of satisfaction, the friendship and opportunities that come with volunteering that you are doing something worthwhile
- A chance to enhance your CV
- An opportunity to meet new people
- The volunteer will be entitled to claim out of pocket expenses

Recruitment process

- Application form
- Potential volunteers will be invited to come for an informal chat with the Volunteer Services Manager
- Two references
- PVG Application
- Occupational Health Questionnaire

Contact us

For more information, please contact us on:

Volunteer Services Manager: emily.carr@ppwh.org.uk
Website: www.ppwh.org.uk