

# #GOING FOR GOALS

scottish  
mentoring  
network

Ypeople®

This summer our Ypeople intandem team partnered with Glasgow's Urban Fox Programme to deliver an amazing Summer programme for some of our mentees.



Urban Fox provide activities and outwardbound sessions for young people in the EastEnd of Glasgow. Our intandem team were fortunate enough to have an existing connection with them, as our Volunteer Coordinator Jerri used to attend Summer programmes herself! Jerri's great experience meant that it was an easy choice to offer the same opportunity to our mentees

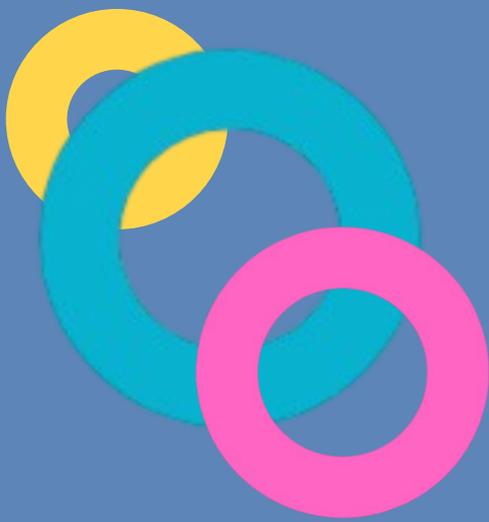




This collaborative Summer programme consisted of kayaking, mountain biking, and adventuring games. Coinciding with an easing of the lockdown we had the opportunity to create a bubble of 5 young people, 3 of which came from the same household. Getting out of the house after so many weeks was a great experience, especially when there were so many fun and new activities to try.

The Urban Fox team were supportive and open to everyone trying new things at their own pace, which was the perfect complement to our Ypeople intandem mentoring. Our mentoring aim is to build positive, trusting, supportive and secure relationships and the first step to this is listening to what each young person needs. Taking on board what they want and when they are ready is an important element in building a confident mentoring relationship

The timing of the programme couldn't have been better, rounding off the Summer with fun and easing our young people back into group activities before returning to School in August. The Summer programme gave our young people the chance to challenge themselves while they made new friends and strengthened bonds with their siblings. It really helped them get back into a routine, and feel confident again before the start of term.



“We enjoyed supporting the partnership with Ypeople during our summer lockdown programme. It gave us the opportunity to share our resources and skills with others and allow more young people to access outdoor play and learning that supported their mental health and wellbeing during this difficult time.” – Debbie, Urban Fox

The Urban Fox programme was given gold star reviews from all our mentees, and we are looking forward to working with them again to create more adventures in the future.

